

DEERFIELD CAREPRO JRUTH

ADAC MENU JANUARY 2019

<p><u>MONDAY –</u></p>	<p><u>TUESDAY – 1ST</u></p> <p>HAPPY NEW YEAR</p>	<p><u>WEDNESDAY – 2ND</u></p> <p>5 OZ <u>CHICKEN BRUSCHETTA</u></p> <p>6 OZ <u>ITALIAN PASTA</u></p> <p>4 OZ <u>ITALIAN GREEN BEANS</u></p> <p>1 OZ <u>1 W. OATMEAL BREAD</u></p> <p>4 OZ <u>MANDARIN ORANGES</u></p> <p>8 OZ <u>1% MILK</u></p>	<p><u>THURSDAY – 3RD</u></p> <p>4 OZ <u>CHEESEBURGER</u></p> <p>4 OZ <u>POTATO WEDGES</u></p> <p>4 OZ <u>CABBAGE/CARROTS</u></p> <p>2 OZ <u>2 WW BREAD</u></p> <p>4 OZ <u>PEACHES</u></p> <p>8 OZ <u>1% MILK</u></p>	<p><u>FRIDAY – 4TH</u></p> <p>8 OZ <u>TURKEY DIVAN</u></p> <p>4 OZ <u>MASH POTATOES</u></p> <p>2 OZ <u>2-MULTIGRAIN BREAD</u></p> <p>4 OZ <u>MIXED FRUIT</u></p> <p>8 OZ <u>1% MILK</u></p>
<p><u>MONDAY – 7TH</u></p> <p>5 OZ <u>CHICKEN PARMESAN</u></p> <p>6 OZ <u>PENNE PASTA</u></p> <p>4 OZ <u>ITALIAN VEG BLEND</u></p> <p>2 OZ <u>2 WW BREAD</u></p> <p>4 OZ <u>HARVEST MIXED FRUIT</u></p> <p>8 OZ <u>1% MILK</u></p>	<p><u>TUESDAY – 8TH</u></p> <p>8 OZ <u>SHEPHARDS PIE</u></p> <p>4 OZ <u>BRUSSELS SPROUTS</u></p> <p>2 OZ <u>2 – W OATMEAL BREAD</u></p> <p>4 OZ <u>PINEAPPLE CHUNKS</u></p> <p>8 OZ <u>1% MILK</u></p>	<p><u>WEDNESDAY – 9TH</u></p> <p>5 OZ <u>ROAST PORK W/GRAVY</u></p> <p>4 OZ <u>WHIP SWEET POTATO</u></p> <p>4 OZ <u>MIXED VEGETABLES</u></p> <p>2 OZ <u>2-WW BREAD</u></p> <p>4 OZ <u>PEARS</u></p> <p>8 OZ <u>1% MILK</u></p>	<p><u>THURSDAY – 10TH</u></p> <p>6 OZ <u>LASAGNA ROLL-UP</u></p> <p>2 OZ <u>PRIMAVERA SAUCE</u></p> <p>4 OZ <u>MIXED VEGETABLES</u></p> <p>2 OZ <u>2-MULTIGRAIN BREAD</u></p> <p>4 OZ <u>APPLESAUCE</u></p> <p>8 OZ <u>1% MILK</u></p>	<p><u>FRIDAY – 11TH</u></p> <p>4.5 OZ <u>CHICKEN PATTY/SAUCE</u></p> <p>4 OZ <u>MASH POTATO</u></p> <p>4 OZ <u>GREEN/WAX BEANS</u></p> <p>2 OZ <u>2-WW BREAD</u></p> <p>4 OZ <u>PEACHES</u></p> <p>8 OZ <u>1% MILK</u></p>
<p><u>MONDAY – 14TH</u></p> <p>8 OZ <u>SAUSAGES W/ PEPPERS AND ONIONS</u></p> <p>6 OZ <u>PASTA ALFREDO</u></p> <p>2 OZ <u>2 MULTIGRAIN BREAD</u></p> <p>4 OZ <u>MIXED FRUIT</u></p> <p>8 OZ <u>1% MILK</u></p>	<p><u>TUESDAY – 15TH</u></p> <p>4 OZ <u>CHICKEN TERIYAKI</u></p> <p>4 OZ <u>HASH BROWNS</u></p> <p>4 OZ <u>ORIENTAL BLEND</u></p> <p>2 OZ <u>2-W OATMEAL BREAD</u></p> <p>4 OZ <u>PINEAPPLE CHUCKS</u></p> <p>8 OZ <u>1% MILK</u></p>	<p><u>WEDNESDAY – 16TH</u></p> <p>8 OZ <u>MACARONI AND CHEESE</u></p> <p>4 OZ <u>TOMATOES FLORENTINE</u></p> <p>2 OZ <u>2 – WW BREAD</u></p> <p>4 OZ <u>MANDARIN ORANGES</u></p> <p>8 OZ <u>1% MILK</u></p>	<p><u>THURSDAY - 17TH</u></p> <p>5 OZ <u>ROAST TURKEY/GRAVY</u></p> <p>4 OZ <u>MASHED POTATOES</u></p> <p>4 OZ <u>WINTER SQUASH</u></p> <p>2 OZ <u>WW BREAD</u></p> <p>4 OZ <u>PEACHES</u></p> <p>8 OZ <u>1% MILK</u></p>	<p><u>FRIDAY – 18TH</u></p> <p>4 OZ <u>BEEF CHILI</u></p> <p>4 OZ <u>MASHED POTATOES</u></p> <p>4 OZ <u>CHUCKWAGON CORN</u></p> <p>2 OZ <u>2-MULTIGRAIN BREAD</u></p> <p>4 OZ <u>MIXED FRUIT</u></p> <p>8 OZ <u>1% MILK</u></p>
<p><u>MONDAY – 21ST</u></p> <p>MARTIN LUTHER KING JR DAY</p>	<p><u>TUESDAY – 22ND</u></p> <p>8 OZ <u>BEEF STRIPS & BROCCOLI</u></p> <p>6 OZ <u>BOW TIE PASTA</u></p> <p>2 OZ <u>2-W OATMEAL BREAD</u></p> <p>4 OZ <u>PEARS</u></p> <p>8 OZ <u>1% MILK</u></p>	<p><u>WEDNESDAY – 23RD</u></p> <p>4 OZ <u>CHICKEN W/PEACH SALSA</u></p> <p>4 OZ <u>PARSELY MASHED POTATO</u></p> <p>4 OZ <u>PEAS AND CARROTS</u></p> <p>2 OZ <u>2 – WW BREAD</u></p> <p>4 OZ <u>MIXED FRUIT</u></p> <p>8 OZ <u>1% MILK</u></p>	<p><u>THURSDAY – 24TH</u></p> <p>8 OZ <u>AMERICAN CHOP SUEY</u></p> <p>4 OZ <u>CALIFORNIA VEG BLEND</u></p> <p>1 OZ <u>1- MULTIGRAIN BREAD</u></p> <p>4 OZ <u>APPLESAUCE</u></p> <p>8 OZ <u>1% MILK</u></p>	<p><u>FRIDAY – 25TH</u></p> <p>4 OZ <u>BBQ PORK PATTY</u></p> <p>4 OZ <u>POTATO WEDGES</u></p> <p>4 OZ <u>MALIBU VEG BLEND</u></p> <p>2 OZ <u>2 WW BREAD</u></p> <p>4 OZ <u>HARVARD MIXED FRUIT</u></p> <p>8 OZ <u>1% MILK</u></p>

The U.S. Department of Agriculture prohibits discrimination against customers, employees, on the basis of race, color, origin, age, disability, sex, gender, identity, religion, reprisal, marital status, family or parental status, sexual orientation, or all or part of an individual's income assistance program, or protected genetic information in employment or in any program or active department (not all prohibited basis will apply to all programs and/or activities).

DEERFIELD CAREPRO JRUTH

ADAC MENU JANUARY 2019

<p>MONDAY – 28TH 8 OZ BEEF/CABBAGE CASSER. 4 OZ GENOA VEG BLEND 2 OZ 2-W OATMEAL BREAD 4 OZ PEACHES 8 OZ 1% MILK</p>	<p>TUESDAY – 29TH 4 OZ FIESTA OMELET/CHEESE S. 4 OZ HASH BROWNS 4 OZ CHICKPEA VEG BLEND 2 OZ 2-MULTIGRAIN BREAD 4 OZ PEARS 8 OZ 1% MILK</p>	<p>WEDNESDAY – 30TH 4 OZ CALI CHICKEN SALAD 6 OZ ITALIAN PASTA SALAD 4 OZ COLE SLAW 2 OZ 2 WW BREAD 4 OZ APPLESAUCE 8 OZ 1% MILK</p>	<p>THURSDAY – 31ST 4 OZ BBQ PULLED PORK 4 OZ BAKED BEANS 4 OZ CABBAGE/CARROTS 2 OZ 2 W OATMEAL BREAD 4 OZ MIXED FRUIT 8 OZ 1% MILK</p>	<p>FRIDAY -</p>

<p>SATURDAY - 5TH 4 OZ Tuna Salad 4 OZ Cole Slaw 4 OZ Macaroni Salad 4 OZ Peaches 2 OZ 2 – WW Bread 8 OZ 1% Milk</p>	<p>SATURDAY – 12TH 4 OZ Ham and Cheese 4 OZ Chick Pea Salad 4 OZ Macaroni Salad 4 OZ Pears 2 OZ W Multigrain Bread 8 OZ 1% Milk</p>	<p>SATURDAY – 19TH 4 OZ Chicken Salad 4 OZ Tortellini Salad 4 OZ Marinated Veg Salad 2 OZ 2 W Oatmeal Bread 8 OZ 1% Milk</p>	<p>SATURDAY – 26TH 4 OZ Sliced Turkey 4 OZ Carrot Raisin Salad 4 OZ Pasta Salad 4 OZ Pineapple 2 OZ 2 W Multigrain Bread 8 OZ 1% Milk</p>	<p>SATURDAY</p>
---	--	---	--	------------------------

The U.S. Department of Agriculture prohibits discrimination against customers, employees, on the basis of race, color, origin, age, disability, sex, gender, identity, religion, reprisal, marital status, family or parental status, sexual orientation, or all or part of an individual’s income assistance program, or protected genetic information in employment or in any program or active department (not all prohibited basis will apply to all programs and/or activities).