

<u>MONDAY – 1ST</u> <u>8 OZ CHICKEN STEW/VEGIES</u> <u>4 OZ MASHED POTATO</u> <u>2 OZ 2 WW ROLL</u> <u>4 OZ APPLESAUCE</u> <u>8 OZ 1% MILK</u>	<u>TUESDAY – 2ND</u> <u>5 OZ GREEK MEATBALLS</u> <u>6 OZ EGG NOODLES</u> <u>4 OZ ROMAN VEGIES</u> <u>1 OZ WW BREAD</u> <u>4 OZ PEARS</u> <u>8 OZ 1% MILK</u>	<u>WEDNESDAY – 3RD</u> <u>5 OZ CHICKEN BRUSHETTA</u> <u>6 OZ ITALIAN PASTA</u> <u>4 OZ GENOA VEGIES</u> <u>1 OZ W OATMEAL BREAD</u> <u>4 OZ MANDARINE ORANGES</u> <u>8 OZ 1% MILK</u>	<u>THURSDAY – 4TH</u> <u>4 OZ ROAST TURKEY</u> <u>2 OZ GRAVY</u> <u>4 OZ CHIVE POTATO</u> <u>4 OZ WINTER SQUASH</u> <u>2 OZ 2 MULTIGRAIN BREAD</u> <u>4 OZ SLICED APPLES</u> <u>8 OZ 1% MILK</u>	<u>FRIDAY -5TH</u> <u>6 OZ BROCCOLI BAKE</u> <u>4 OZ HASH BROWNS</u> <u>2 OZ PEPPERS & ONIONS</u> <u>2 OZ 2 WW BREAD</u> <u>4 OZ PEACHES</u> <u>8 OZ 1% MILK</u>
<u>MONDAY – 8TH</u> <u>COLUMBUS DAY HOLIDAY!</u>	<u>TUESDAY – 9TH</u> <u>4 OZ SALISBURY STEAK</u> <u>2 OZ GRAVY</u> <u>4 OZ MASHED POTATOES</u> <u>4 OZ TUSCANY BLEND</u> <u>2 OZ 2 WW BREAD</u> <u>4 OZ PINEAPPLE</u> <u>8 OZ 1% MILK</u>	<u>WEDNESDAY – 10TH</u> <u>8 OZ AMERICAN CHOP SUEY</u> <u>4 OZ PEAS</u> <u>1 OZ W OATMEAL ROLL</u> <u>4 OZ MANDARIN ORANGES</u> <u>8 OZ 1% MILK</u>	<u>THURSDAY – 11TH</u> <u>4 OZ BAKED MEATLOAF</u> <u>4 OZ GAR MASHED POTATO</u> <u>4 OZ BRUSSEL SPROUTS</u> <u>2 OZ 2 MULTIGRAIN BREAD</u> <u>4 OZ PEARS</u> <u>8 OZ 1% MILK</u>	<u>FRIDAY – 12TH</u> <u>5 OZ CHICKEN PATTY/SAUCE</u> <u>6 OZ PASTA ALFREDO</u> <u>2 OZ 2 WW ROLL</u> <u>4 OZ CINNAMON APPLES</u> <u>8 OZ 1% MILK</u>
<u>MONDAY – 15th</u> <u>8 OZ BEEF STEW W/VEGIES</u> <u>4 OZ MASHED POTATO</u> <u>2 OZ 2 WW ROLL</u> <u>4OZ MIXED FRUIT</u> <u>8 OZ 1% MILK</u>	<u>TUESDAY – 16th</u> <u>8 OZ MAC AND CHEESE</u> <u>4 OZ FLORENTINE TOMATOES</u> <u>1 OZ WW BREAD</u> <u>4 OZ MANDARIN ORANGES</u> <u>8 OZ 1% MILK</u>	<u>WEDNESDAY – 17th</u> <u>6 OZ CURRY CHICKEN</u> <u>4 OZ MASHED POTATOES</u> <u>4 OZ CALIFORNIA VEG</u> <u>2OZ MULTIGRAIN ROLL</u> <u>4 OZ BANANA</u> <u>8 OZ 1% MILK</u>	<u>THURSDAY - 18th</u> <u>5OZ HAM W/RAISIN SAUCE</u> <u>4OZ SWEET POTATOES</u> <u>4 OZ SUMMER VEGETABLES</u> <u>2 OZ 2 W OATMEAL BREAD</u> <u>4 OZ PEARS</u> <u>8 OZ 1% MILK</u>	<u>FRIDAY – 19TH</u> <u>5 OZ BBQ PORK PATTY</u> <u>4 OZ POTATO WEDGES</u> <u>4 OZ GREEN BEANS</u> <u>2 OZ 2 WW BREAD</u> <u>4 OZ APPLESAUCE</u> <u>8 OZ 1% MILK</u>
<u>MONDAY – 22ND</u> <u>5 OZ CARIBBEAN CHICKEN</u> <u>4 OZ MASHED POTATO</u> <u>4 OZ BROCCOLI</u> <u>2 OZ 2 W WHEAT BREAD</u> <u>4 OZ PEACHES</u> <u>8 OZ 1% MILK</u>	<u>TUESDAY – 23RD</u> <u>8 OZ SHEPHERD'S PIE</u> <u>4 OZ MIXED VEGIES</u> <u>2 OZ 2 WW ROLL</u> <u>4 OZ PEARS</u> <u>8 OZ 1% MILK</u>	<u>WEDNESDAY – 24TH</u> <u>4.5 OZ ROAST PORK / GRAVY</u> <u>4 OZ RED BLISS POTATOES</u> <u>4 OZ CARROTS</u> <u>2 OZ W OATMEAL BREAD</u> <u>4 OZ BANANA</u> <u>8 OZ 1% MILK</u>	<u>THURSDAY – 25TH</u> <u>4 OZ CHEESEBURGER</u> <u>.75 KETCHUP</u> <u>4 OZ BAKED BEANS</u> <u>4 OZ CABBAGE/CARROTS</u> <u>2 OZ 2 W HAMBURGER ROLL</u> <u>4 OZ MIXED FRUIT</u> <u>8 OZ 1% MILK</u>	<u>FRIDAY – 26TH</u> <u>8 OZ TURKEY DIVAN</u> <u>4 OZ MASHED POTATOES</u> <u>2 OZ 2 WW ROLL</u> <u>4 OZ PINEAPPLE</u> <u>8 OZ 1% MILK</u>

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<p><u>MONDAY – 29TH</u> <u>6 OZ BEEF BURGUNDY</u> <u>6 OZ EGG NOODLES</u> <u>4 OZ ORIENTAL VEGETABLES</u> <u>2 OZ 1 WW BREAD</u> <u>4 OZ BANANA</u> <u>8 OZ 1% MILK</u></p>	<p><u>TUESDAY – 30TH</u> <u>4 OZ TUNA SALAD</u> <u>4 OZ PASTA SALAD</u> <u>4 OZ COLE SLAW</u> <u>2 OZ 2 WW ROLL</u> <u>4 OZ APPLESAUCE</u> <u>8 OZ 1% MILK</u></p>	<p><u>WEDNESDAY – 31ST</u> <u>6 OZ CREEPY CHILI</u> <u>4 OZ GAR MASHED POTATOES</u> <u>4 OZ EERIE VEGIES</u> <u>2 OZ W OATMEAL BREAD</u> <u>4 OZ DICED PEACHES</u> <u>8 OZ 1% MILK</u></p>		
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<p><u>SATURDAY - 6TH</u> <u>4 OZ HAM AND CHEESE</u> <u>4 OZ MACARONI SALAD</u> <u>4 OZ COLE SLAW</u> <u>4 OZ PINEAPPLE</u> <u>8 OZ 1% MILK</u></p>	<p><u>SATURDAY – 13TH</u> <u>4 OZ TUNA SALAD</u> <u>4 OZ TORTELLINI SALAD</u> <u>4 OZ PICKLED BEET SALAD</u> <u>4 OZ PEACHES</u> <u>8 OZ 1% MILK</u></p>	<p><u>SATURDAY – 20TH</u> <u>4 OZ SLICED TURKEY</u> <u>4 OZ PASTA SALAD</u> <u>4 OZ CARROT RAISIN Sالد</u> <u>4 OZ PEARS</u> <u>8 OZ 1% MILK</u></p>	<p><u>SATURDAY – 27TH</u> <u>4 OZ CHICKEN PATTY</u> <u>4 OZ MAC SALAD</u> <u>4 OZ MARINATED VEG Sالد</u> <u>4 OZ MANDARIN ORANGES</u> <u>8 OZ 1% MILK</u></p>	<p><u>SATURDAY</u></p>
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